

the 60 things my clients most want

individuals

substantially increase quality of life

- discover and design your own WorkStyle (work + lifestyle = WorkStyle)
- increase sustainable energy
- strengthen professional network and personal community
- have a whole lot more fun
- strengthen Personal Foundations

get more done in less time

- get focussed on what you most want to have
- simplify your life, responsibilities, projects
- automate systems for peak efficiency
- permanently eliminate inventory of to-do's
- reduce the shoulds, coulds and oughts in life

communicate much more effectively

- say everything you need to; nothing withheld
- motivate others better (by speaking in messages)
- respond better, in-the-moment (by hearing it all)
- be able to ask more for what you want
- ask the right questions

feel better physically & emotionally

- get your home, office and car in perfect order
- recognize and eliminate any high, hidden 'life costs'
- establish a reserve of time, space, money and love
- review, and if necessary, redesign eating, sleeping and exercising habits
- get personal needs met

become closer with others

- attract and deepen relationships with quality people
- become more intimate with partner and family
- learn to enjoy people more
- develop adult-adult relationships, nothing less
- know what you want for others

make and keep more money

- start saving/investing 10-30% of income
- get a handle on spending, lifestyle and habits
- increase income by 20-200%
- handle debt, financial problems and crises
- stabilise cash flow

eliminate the hassles of life

- stop suffering, tolerating, waiting and hoping
- stop having problems (really)
- calm down: eliminate adrenaline, stress and accountability deferment tactics
- resolve past matters and unfinished business
- extend boundaries

get on a path

- develop your spiritual side/connection
- discover personal vision
- reorient life exclusively around core personal values
- develop stronger relationships with Self
- be internally peaceful

business

corporate / government / organisational employees

- discover and design your own WorkStyle (work + lifestyle = WorkStyle)
- increased sustainable energy
- stop feeling like a fraud and know you are not alone
- simplify your life, responsibilities, projects
- have a whole lot more fun

entrepreneurs / small business owners

- start a new business
- increase profitability by 20- 500%
- increase sales by 50-1000%
- develop a strategic plan and action plan
- strengthen the internal management/systems

professionals

- develop a successful and sustainable business
- develop a strong reputation and be known as a model
- manage clients better
- increase sales and profitability
- recognise and eliminate high and/or hidden delivery costs

coaches

- get trained and master the art and science of coaching
- develop a successful and sustainable coaching practice based on the 3Ps
- grow through resistance, blocks and the unknowns
- gain certification... and credibility
- develop a strong reputation and be known as a model